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# The Might Of The Fighter

*Growing Your Power For Success.*

## Table Of Contents

**Foreword**

Chapter 1:  
**Being Responsible**

Chapter 2:  
**Want and Being Determined**

Chapter 3:  
**Concentrate**

Chapter 4:  
**Trying and Discipline**

**Wrapping Up**

## Foreword

Might is another crucial thing for personal growing.

It's your ability to consciously and by choice produce the world around you.

When your might is un-forceful, you can't effectively fulfill your needs and wants, and you get to be a victim of your surroundings. When your might is secure, you successfully cultivate a life of your own selecting, and your surroundings reflects it.

To a few individuals, the word might is almost an obscenity, negatively affiliated with ill-treatment, corruptness, and unchecked greed. But really there's nothing inherently vicious or corrupt about might.

This may be lined up with reality and affection, or it might be lined up with untruth and disconnection. Whether might is utilized for good or evil is decided by the thoughts behind it.

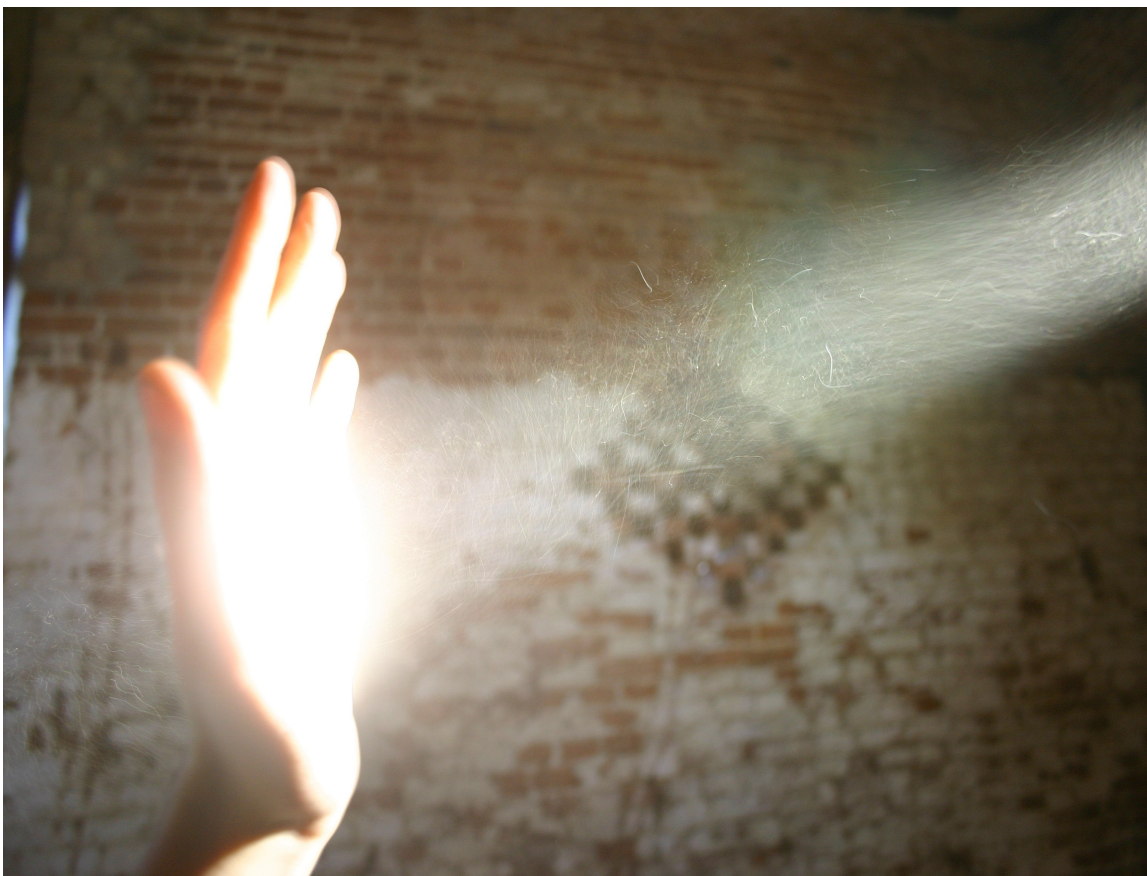
The threesome of reality, affection, and might may serve as an unbelievable force for good. When honorable, compassionate individuals remain weak and only dishonest, thoughtless individuals win power, we all suffer for it.

As you succeed in developing your might, you'll be able to satisfy your needs and wants with ease. Mastery of might isn't simple. In fact, you might discover its growth and correct use to be your greatest personal growth challenge.

Still, might remains a crucial component of conscious development.

Without it, you'll be no more than an inactive victim of your reality.

**With might, you become a conscious creator.**



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## Chapter 1:

### *Being Responsible*

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## Synopsis

*It's out of the question to build your might till you accept complete responsibility for your life.*

*It's surely possible to give away control, but final answerability always rests with you.*

*You can't skirt or dodge that, regardless how hard you try. If you're out of shape, you're the one who's gasping after walking upstairs. If your charge cards are maxed out, you're the one who has to be deal with the debt. If you don't like your career, you're the one who has to suffer through your work daily.*





## Accept Responsibility

What you go through is definitely your own. I may talk over your life with you, I may understand your situation, and I may do my best to help you. But afterwards I may go home to my own life and forget about yours. You don't have that luxury.

If you attempt to refuse or escape the weight of responsibility, it will simply come back to stalk you later. You are able to let yourself go and let up in your career, consume lots of junk food, and yell at your loved ones, but the mess you make will be yours to go through.

The earlier you realize that entire responsibility is unavoidable, the better off you'll be.

When you were a youngster, other people might have taken on some responsibility for your welfare, yet you and you alone have to still deal with the outcome. Whether you were nurtured by loving and thoughtful parents or raging luses, the weight of responsibility for your life story now rests square on your shoulders.

That might seem totally unjust, particularly if you didn't have much command over your childhood life, but such are the ways of life.

It's totally senseless to blame the higher power, your parents, the authorities, or anybody else for your life. Fault may only make you weak.

It doesn't matter who added to your present situation—all that matters is that you have to live with it. No sum of fault may make that weight any easier.

No one is racing to save you. No one will hand you the ultimate job, and no one will work out your relationship issues. No one will lose the additional blubber on your body. If you don't proactively work out your own issues, they'll never be worked out.



**If you wish changed results, you have to go out and produce them yourself.**

Taking on total responsibility for your life signifies being willing to accomplish what's necessary to produce the result you want. You have to be willing to ante up the price to meet your needs and satisfy your wants.

You have to actively make your life story occur rather than passively allowing it to play out. You'll certainly make errors along the way, but you have to never quit on yourself.

The silver lining is that while embracing complete responsibility may be really ambitious, it isn't unattainable.

You might not have had much command over your outcomes up to now, but the dedication to develop your might gives you the chance to at last produce a life of your choosing.

Your mortal will is far more potent than any obstacle in your path. You'll certainly meet challenges and setbacks while going after worthwhile goals, but if you merely continue your willingness to ante up the price, you'll sooner or later succeed.

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## **Chapter 2:**

### ***Want and Being Determined***

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## Synopsis

*Want is the fuel of might.*

*Among the sweetest advantages of life as a human is to savor the progressive fulfillment of your wants with the exercise of your might. This doesn't simply imply celebrating your big achievements.*

*It implies enjoying each delightful step of the journey.*



## Being Clear

What do you desire? What are your fantasies? What do you long for so severely that you can't quit thinking of it, even if you believe it unimaginable? Let yourself dream. Cultivate your richest desires, regardless how impractical or unimaginable they appear. It's absolutely all right to wish the unimaginable.

It's not all right to make-believe that your wants don't matter.

Never deny that you wish what you wish. When you refuse your wants, you aren't in alignment with reality, affection, and might. You distance yourself from reality by lying to yourself.

If you wish to develop your might, you have to accept your wants as they come, regardless how unusual they might appear.

Most individuals are out of touch with their real wants.

They let other people choose what they ought to desire, or they settle for what they believe they may get. They buy into the socially disciplined bunk that the aim of life is to work on a meaningless career for tens of years, spend themselves into debt, get distracted with asinine entertainment, marry, have kids, retire broke, and then softly die.

Therefore, they live despairing lives, forever weak and distressed. Don't buckle under to the illusion of fake desire. Only real desire musters up real might.

Being determined signifies that you're totally free to decide what you need. You don't need anybody's permission or blessing. Your options are yours to make and may never be determined by other people.

You need never apologize for what you want.  
You desire what you desire, and that is enough.

In order to handle might effectively, you have to accept total responsibility for your life and be willing to make choices under all conditions. This includes challenging, and high-risk situations.

There's no rule that states you have to be correct. The only rule is that regardless what occurs, you're responsible. Since you can't break away from entire responsibility, you may as well consciously take part in the deciding process, so you can have at any rate some say in deciding the final result.

When you face crucial junctures in life, exercise your might to choose consciously. Offer an authoritative yes or no. Don't buckle under to silent approval. To line up with might, you have to make true choices.

Life is perpetually asking... *What do you desire?*

You've the freedom to answer that question any way you'd like. Lining up with reality and affection will help you assess the possibilities, but there are no mandatory correct or incorrect answers.

There's only your freedom to pick. Will you reply with silence, or will you exercise your might of conscious choice?

You have to come out of the haze of social conditioning that states your life must obey a set of formulas dictated by other people. There's no such duty. Your only true constraints are your choices and their results.

You're a free and independent person.  
How you choose to utilize that freedom is up to you.

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## **Chapter 3:**

### ***Concentrate***

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## Synopsis

*True might survives only in the here and now.*

*There's no might in the past; the past is over and through with. There's no might in the future; the future lives only in your imagination. You've no might to act yesterday or tomorrow. If you picture beyond the here and now, you make yourself weak as you're giving in to an illusion.*





## Center

You need to center your attention on the present moment as it's the only place you've any true might.

We tend to consider time as a resource that we spend, like how we spend cash.

To finish a one-hour task is to expend an hour on it. How are you using your day? Where do you wish to spend your next holiday? How will you use your lunch break? While this is a common way to discuss time-bound events, and I frequently utilize such language myself, the model is technically inaccurate.

Time is not a disposable resource. You can't spend time. Regardless what you do or don't do, time goes on its own. You've no option regarding whether to spend time or not; your only option is how you direct your concentration in the moment.

Actually, you're never in the past or future. You live only in the present moment. Even when you recall the past or image the future, you're yet thinking those thoughts in the here and now. All you have is today, and that's all you will ever have.

If the only matter that exists is the here and now, then what sense does it make to discuss long-term goals? How may you actually accomplish anything?

Comprehend that you can only take action in the here and now, and you can only savor your results in the here and now too. You can't achieve or experience anything in the past or future as you're never there.

Once individuals learn about goal setting, they frequently set goals in the wrong way. It's hard to accomplish something that's based on an erroneous model of reality—such a goal will certainly be an uphill battle.

The aim of goal setting isn't to command the future.

That would be pointless as the future only lives in your imagination. The aim of goal setting is to better the quality of your here and now reality. Arranging goals may provide you greater clarity and concentration today.

If you set your sights on accomplishing something, always inquire, "*How does arranging this goal better my current reality?*" If it doesn't better your current reality, then the goal is senseless, and you might as well dump it. But if it brings better clarity, centering, and motivation to your life when you consider it, it's great.

Many individuals set goals and then presume the path to accomplish them will call for suffering and sacrifice. This is a formula for failure.

If you think about a fresh goal, pay attention to the force it has on your current reality. Arrange goals that make you feel mighty, motivated, and driven when you center on them, long before the final result is really accomplished. Avoid arranging goals that make you feel weak, strained, or powerless. Treat this procedure as a way to raise your current focus, not as a way to command the future.

Imagine you set a goal to begin your own business.

You envisage some future point where you're relishing being your own boss, doing what you like, and making an excellent income. Thus far, there's nothing incorrect with that. Then you consider how much work it will equal, the perils you'll face, and additional discouraging ideas.

You've left the here and now and are dwelling in your future fantasy. Bring your center back to the here and now and recognize that none of those things have occurred.

You're simply making them up.

How goofy it is to dwell on things you don't even want!

**Rather, try this...** consider beginning your own business and envisage how great it will be once everything is going smoothly. Now return your focus to the here and now and consider how this goal may better the quality of your life in this very minute, not a couple of years from now, not 5 years from now, not even next week. What does the goal of beginning your own business do for you today?

**Does it provide you hope? Does it prompt you? Does it fill you with want?**

Let those thoughts churn through your brain awhile. Think about how the goal of beginning your own business betters your life today. If you see no quick betterment, then drop the goal and Think about another one.

Do you wish to lose a particular amount of weight, start a fresh relationship, or have a more fulfilling job? Quit anticipating doom and gloom on the route to get there, and envisage how every goal may better your current reality before the goal is even accomplished.

What does the consideration of fitness do for you today? What does the thought of discovering your soul mate or the aspect of a satisfying job do for you? When you center your attention on these goals, how does your current reality shift? Do you appear more motivated? Do you feel pushed to take action?

Once you set a goal that betters your current reality, what does it matter how long it takes to accomplish it?

Whether it requires a week or 5 years is irrelevant. The entire path is amusing and enjoyable. More significant, you feel happy and satisfied with this now.

This forces you to take action from a state of pleasure, so you're productive also. Rather than chasing goals you believe will make you glad in the distant future, center on goals that make you glad today.

If you assume this mentality, you'll soon learn to set different sorts of goals. As you set an assortment of goals and note how they affect you when you center on them, a pattern will gradually come out.

You'll observe that particular types of goals consistently urge you while others don't. The fundamental pattern behind those that urges you is your life purpose.

Once you become consciously mindful of your life purpose, you may feel inspired and motivated whenever you wish simply by concentrating your attention on your purpose.

Your goals don't really have to be specific, clear, and measurable. You don't require hard deadlines, and you don't require detailed piecemeal plans. You merely require a burning want to take action.

Only goals that line up with your most genuine, deepest desires may summon that sort of might.

You'll learn a lot about yourself once you detect the sorts of goals that truly drive you. If your goals look good in writing but don't fill you with want and motivation when you concentrate on them, they're useless.

Don't settle for wimpish goals you aren't passionate about. Even if something appears solid and realizable and others prompt you to go for it, you likely won't accomplish it if it doesn't energize you.

**Center your attention on goals that urge and motivate you today, since the current moment is the only place you've any true might.**

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## **Chapter 4:**

### ***Trying and Discipline***

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## Synopsis

*If you wish to turn your wants into reality, at some point you have to take action.*

*Once you set goals that really inspire you, you'll feel by nature moved to take action. You'll work hard, but it won't appear like hard work as you'll be so inspired.*

*For the most part, you'll simply be doing what you like to do.*



## Buckle Down

How about the Law of Attraction? Can't you simply sit on your rear all day and evidence what you want through the power of intent?

That would be a glaring misinterpretation of how the Law of Attraction acts. When you center single-mindedly on what you wish, you'll start to notice fresh resources coming out in your life. If you don't assume action, however, those resources will go away, and you'll be no nearer to your goals.

Your body is part of how your intentions will manifest. Real wants will compel you to get up and motivate. If you aren't driven to respond, it means your intents are feeble. You're attempting to produce something you don't require badly enough, and it's drying up.

If you discover yourself wholly unmotivated to do anything about your goals, you've set improper goals. You have to set goals that are so urging to you that you can't wait to get into action, and your body moves nearly effortlessly.

Want is the fuel of doing.

If you attempt to fuel yourself with fake want, you merely won't go. If there's no movement, there's no motivation.

How do you proceed when you're about to go on an eagerly awaited holiday? Do you stay in bed feeling bored, yammering that it's too much work to go to the airport and get on the airplane? Or do you feel prompted and excited to get going?

If your goals don't urge you at least as much as taking a holiday, they're rotten goals.

Accomplishing meaningful goals commonly demands hard work, but when yours are correct for you, then such work won't cause you to suffer.



You'll still confront obstacles and challenges, but you'll have the push, motivation, and might to handle them. Choose goals that are so stirring to you that making a severe effort feels almost easy.

Discipline is a different obscurity.

We're told to sit back and go with the flow. The myth of quick and simple penetrates modern society. This might convince you to purchase a lot of stuff you don't need, but it isn't an effective way to run your life. Even when you're extremely motivated to work at goals that really urge you, there will be times where your motivation declines and you have to find your self-control to continue.

Discipline is the willingness to accomplish what it takes to achieve the outcome you wish no matter your mood. If you're feeling unmotivated, indifferent, blasé, or lazy, discipline supplies what you need and keeps you going.

Being extremely motivated is fantastic, but the energy boost that motivation supplies is precarious; it has crests and valleys. Even if you utterly love what you do, there will still be a great deal of boring and hard tasks that you don't like much.

For instance, you might love your youngsters and like spending time with them, but you'll still get days when treasuring them is an unappreciated grind. Naturally, you are able to take a break, invite help when you require it. But even when you replenish, you'll still come across spots where you simply aren't motivated to do what it takes to acquire the outcome you wish.

And that's where discipline may save the day.

Motivation and discipline are the tools of might. Motivation is frequently greatest at the start of a project.

Your goals and aspirations still tripping around in your head.

Perhaps you've decided to begin a fresh diet or exercise plan. You take the challenge willingly and nail the first few days. But after a few weeks, the initial motivation has passed. Now the work is simply difficult, and you question whether it's worth the sweat to go on.

This is where discipline may keep you from quitting, giving you the power to push on despite yourself. Motivation starts the race, but discipline in the end crosses the finishing line. Motivation is greatest when you're already moving. Once you quit moving, your motivation by nature declines. If you can muster up just enough discipline to go again, you'll frequently find that your momentum kicks your motivation into gear.

It demands a lot of might to go from rest to action, but when you're going, it's simpler to keep going.

However it isn't productive to force yourself to the breaking point, but it's productive to reclaim wasted time. Discipline signifies taking suitable action when it ought to be taken. This includes having the discipline to get matters accomplished promptly without resorting to extreme measures.

Issues, obstructions, and setbacks are not roadblocks for individuals with elevated discipline.

A disciplined individual views a issue like a bodybuilder views a barbell: I will lift you and get stronger. Fancy a forty pound weight. Is it light or heavy? That depends upon how strong you are. A few individuals would think that to be heavy, while other people would state its light.

Likewise, no issues are huge or little except relative to your discipline.

**The more disciplined you get, the lighter your issues are.**

## Wrapping Up



Doing what needs to be done, even when you don't feel like it, isn't simple.

These things are the hardest things you'll ever do. It's so hard that some individuals will do almost anything to prevent it—dillydally endlessly, do substances, even kill themselves. But in spite of the difficulty these things remain most significant in personal growth.

Without them, your life is condemned to not reach your potential. Think of all the fantastic achievements that will be within your grasp once you understand this enough to consistently follow through.

**It's a marvelous feeling to set goals, recognizing that you can trust yourself to accomplish what it takes to achieve them.**